> So we fasted and petitioned our God about this, and he answered our prayer.
> — *Ezra 8:23*

Book: Old Testament / Ezra
Topics: fasting, Prayer

Interpretation:
Ezra 8:23 is an encouraging verse that talks about how God hears and answers the prayers of His faithful followers. In this verse, Ezra and his followers fast and cry out to God for help with a specific matter. At the end of the fast, God listens to them and favors them.

This verse reminds us that *prayer* is a powerful tool we can use to connect with God and receive help in times of need.

Fasting is a common spiritual practice in many religions, including Christianity. In this verse, believers fast for a specific situation, and their fasting is part of their prayer. Fasting can help us focus on our prayer goal and become more aware of our dependence on God.

While there are no magic formulas that guarantee our prayers will be answered, this verse shows us that *prayer and fasting* can be effective ways to connect with God.

_____

Attention! This is one of the possible interpretations based on the comments of famous theologians, which may differ from each other. If the interpretation is taken from other languages, then there may be a distortion of meaning when translating the language. *Matthew 7:7-8*